

HOLMES COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

BEHAVIOR SUPPORT PROCEDURE

I. SUBJECT

Behavior Support

II. PROCEDURE

- A.** A behavioral support strategy shall never include prohibited measures. A behavioral support strategy may include manual restraint, mechanical restraint, time-out, chemical restraint, or restriction of an individual's rights only when an individual's actions pose risk of harm. The focus of a behavioral support strategy shall be creation of supportive environments that enhance the individual's quality of life. Effort is directed at mitigating risk of harm or likelihood of legal sanction. A behavioral support strategy that includes restrictive measures will ensure that assessments, design, implementation, documentation, and review are completed as described in Rule 5123:2-2-06.
- B.** Holmes DD may develop age-appropriate practices for individuals under 18 years. Practices include use of a time out chair, limited access to electronics, limited access to food prior to meals, and requiring completion of chores/homework prior to desired activity. These practices do not require Human Rights Committee approval but shall be approved by the individual's person-centered team and written into the ISP.
- C.** Prohibitive Measures include:
- a.** Prone restraint. "Prone restraint" means a method of intervention where an individual's face and/or frontal part of his or her body is placed in a downward position touching any surface for any amount of time.
 - b.** Use of a manual restraint or mechanical restraint that has the potential to inhibit or restrict an individual's ability to breathe or that is medically contraindicated.
 - c.** Use of a manual restraint or mechanical restraint that causes pain or harm to an individual.
 - d.** Disabling an individual's communication device.
 - e.** Denial of breakfast, lunch, dinner, snacks, or beverages.
 - f.** Placing an individual in a room with no light.
 - g.** Subjecting an individual to damaging or painful sound.
 - h.** Application of electric shock to an individual's body.
 - i.** Subjecting an individual to any humiliating or derogatory treatment
 - j.** Squirting an individual with any substance as an inducement or consequence for behavior.
 - k.** Using any restrictive measure for punishment, retaliation, instruction or teaching, convenience of providers, or as a substitute for specialized services.
- D.** Human rights committees
- a.** Holmes County Board's human rights committee safeguards individuals' rights and protect individuals from physical, emotional, and psychological harm. The human rights committee shall:
 - i.** Be comprised of at least four persons;
 - ii.** Include at least one individual who receives or is eligible to receive specialized services;
 - iii.** Include qualified persons who have either experience or training in contemporary practices for behavioral support; and
 - iv.** Reflect a balance of representatives from each of the following two groups:

1. Individuals who receive or are eligible to receive specialized services or family members or guardians of individuals who receive or are eligible to receive specialized services; and
 2. County boards or providers.
- b. All information and documents provided to the human rights committee and all discussions of the committee shall be confidential and shall not be shared or discussed with anyone other than the individual and his or her guardian and the individual's team.
 - c. The human rights committee shall review, approve or reject, monitor, and reauthorize strategies that include restrictive measures as described in Rule 5123:2-2-06
 - d. Members of the human rights committee shall receive department-approved training within three months of appointment to the committee in: rights of individuals as enumerated in section 5123.62 of the Revised Code, person-centered planning, informed consent, confidentiality, and the requirements of this rule.
 - e. Members of the human rights committee shall annually receive department-approved training in relative topics which may include but are not limited to: self-advocacy and self-determination; role of guardians and section 5126.043 of the Revised Code; effect of traumatic experiences on behavior; and court-ordered community controls and the role of the court, the county board, and the human rights committee.
- E. Use of a restrictive measure, including use of a restrictive measure in a crisis situation (e.g., to prevent an individual from running into traffic), without prior approval by the human rights committee shall be reported as "unapproved behavior support" in accordance with rule 5123:2-17-02 of the Administrative Code. Nothing in this policy shall be construed to prohibit or prevent any person from intervening in a crisis as necessary to ensure a person's immediate health and safety.
- F. Holmes county board shall compile and analyze data regarding behavioral support strategies that include restrictive measures and furnish the data and analyses to the human rights committee. Data compiled and analyzed shall include, but not be limited to:
- a. Nature and frequency of risk of harm or likelihood of legal sanction that triggered development of strategies that include restrictive measures;
 - b. Nature and number of strategies reviewed, approved, rejected, and reauthorized by the human rights committee;
 - c. Nature and number of restrictive measures implemented;
 - d. Duration of strategies that include restrictive measures implemented; and
 - e. Effectiveness of strategies that include restrictive measures in terms of increasing or decreasing behaviors as intended.

Holmes county board shall make the data and analyses available to the department upon request.

Adopted:

Revised:

05/21/2015,

08/26/2016,

10/26/2021